

WHAT IS PEER SUPPORT



Peer support can provide an unmatched, unlimited pathway to help, in a safe environment, where people's shared lived experiences are heard, respected, honoured and understood.

Participating in peer support activities is extremely valuable for families who are recently bereaved as well as those who are further along their journey. Following the loss of a loved one to violence, the sharing of experience and coping skills from peers provides unique comfort and connection, as well as invaluable learning.

If you feel that you would like to receive support from a QHVSG Peer, or would like to support others in some way please let us know.



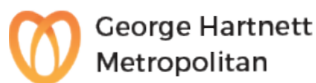
WANT TO KNOW MORE?

VISIT QHVSG.ORG.AU
OR CALL 1800 774 744

special thanks
TO OUR INVALUABLE SUPPORTERS



Royal Flying Doctor Service



QHVSG respectfully acknowledge the Traditional Owners, Elders and Leaders past, present and emerging as Custodians of the lands across which we deliver our Family Support After Murder Services



QHVSG

Specialising in Homicide Support & Recovery

SUPPORT FOR FAMILIES of homicide Victims'

education. advocacy. support.

qhvs.org.au

HOMICIDE - AN INCOMPARABLE GRIEF?

It is never easy to say goodbye to someone you love; there are no guidelines for managing grief, there is no handbook to prepare for these moments. Often following homicide, people can be left feeling incredibly alone, isolated, and uncertain about what the future will hold.

When a family member or close friend dies as a result of homicide, there is a particular type of grief brought about by extraordinary circumstances. Our usual reactions to grief - anger, blame, shock, guilt - are all heightened. We also know that the effect of homicide ripples through friends, colleagues, classmates and our communities.

The involvement of the criminal justice system further complicates our usual human reactions to grief.

This unique type of grief is why we exist; to help guide those who have lost through their own journey - their new normal.

"You lifted a heavy burden from our shoulders and for that alone, we will be forever grateful"

- Jeff and Lorraine

WHO ARE WE?

QHVSQ is an experienced team of counsellors and peer supporters who offer education, advocacy and support through the aftermath of homicide.

Established in 1995 by families affected by homicide, QHVSQ recognises the value of talking with trained counselling staff as well as people with lived experience of homicide. We know that there is a critical need for support to cope with the trauma of murder or manslaughter.

QHVSQ offers a case management approach tailored for each person's specific needs and situation. We work closely with the Department of Justice and Attorney General, Department of Public Prosecutors, Victim Assist Qld, Qld Police Service, and numerous other services to ensure families access the help they need.

**We are here with you
24 hours a day, 7 days a week.**

HOW WE HELP

- ✓ Crisis and trauma early intervention from experienced counsellors
- ✓ Support from people with a lived experience of homicide
- ✓ 24 hour phone support
- ✓ Victims' of Crime Financial Application Assistance
- ✓ Media awareness and training
- ✓ Peer Group meetings and getaways
- ✓ Education around judicial processes
- ✓ Court Support
- ✓ School and community education
- ✓ Advocacy for individuals
- ✓ Assistance with Victim Impact statements and Parole Board Submissions
- ✓ Referrals to a variety of support agencies
- ✓ Legislative reform



*"You are not in
this journey alone"*
- Anonymous